

HEALING ARTS BOOTH PRACTITIONERS:

Name	Description
Amy Litteral and Stacey Pederson	Chiropractic, Massage, Reflexology
Shannon Warwick	Certified Advanced Roling
Tony Peters	Holistic Chiropractic
Alethea Schaffer	Integrated Thai Massage
Michael Fortini	Merrimon Family Chiropractic
Leah Baker & Kathy Parry	Deep Tissue, Swedish, Shiatsu & Acupressure
Gary Lloyd & Tonya Hughes	Chair Massage and Reiki
Alan Frost	Advanced Roling, Craniosacral Therapy, Visceral Manipulation
Robbie and Bill Spransy	Spiritual Healing
Janet Silverman and Alyssa Johnson	Acupuncture, Herbal Medicine, Tui Na, Cupping
Katherine Correa & Laura Ike	Breema Bodywork and Self-Breema
Gregg Steinberger	Thai & Shiatsu Massage
Jon Rousseau	Traditional West African Divinations
Nancy McDonald	Neuromuscular Therapy, Myofascial, Orthopedic, & Sports Massage, Deep Tissue, and Trigger Point
Leena Sikand Cook	Acupuncture

HEALING ARTS WORKSHOP SCHEDULE :

FRIDAY SKY

- 5:30 Yoga Nidra w/ Breathing Exercises - Shonna Campbell
- 6:30 Gynecological Health with Chinese Medicine - Alyssa Johnson & Janet Silverman
- 7:30 Voice Power: Poetry Workshop - Trey Moore

FRIDAY EARTH

- 5 Beginner Tai Chi & Qi Gong - Trey Crispen
- 6 Qi Gong Partner Play- Matt & Heather Kabat
- 7 Nia-dance/movement - Kathy Oravec

SATURDAY SKY

- 9:30 Open Heart Meditation - Diana Stone
- 10:30 Introduction to Esalen Massage - Robin Fann
- 11:30 Raw Food & Nutrition Workshop - Andrea Franchini
- 12:30 Local Herbs for Women - Corinna Wood
- 1:30 Alternative Medicine First Aid Kit - Julie Burke
- 2:30 Being Present is Total Fulfillment - Katherine Correa & Laura Ike
- 3:30 Vocal Play and Improvisation - Christy Clavio
- 4:30 Relaxing Massage for Friends & Family - Wanda Sundermann
- 5:30 2012: From the Love of Power to the Power of Love - Robert & Julia Roskind

SATURDAY EARTH

- 9 Animal Frolics Tai Chi - Mark Small
- 10 Pre/Postnatal Yoga - Lisa Duffey
- 11 Pretzel Kids Yoga/Family Yoga - Jane Anne Tager
- 12 Flow Yoga - Steph and Sunny Keach
- 1 Contact Improv - Michael Hurd
- 2 Hoop for Fun and Fitness - Melanie MacNeil
- 3 Yoga Therapy - Nancy Ballinger
- 4 Community & Partner Yoga - Jamie Sparks
- 5 Kirtan - Sangita Devi
+ (on picnic table) - LEAF MURAL Project - Diane Strazzer
- 6 Bellydance - Lisa Zahiya
- 7 Zumba - Ona Armstrong

SUNDAY SKY

- 9:30 Learn 2 Yodel - Pete Leary
- 10:30 Subtle Yoga & Healing Self-Massage - Nina Marie Collins
- 11:30 Nature's Remedies for Mother and Child - Elizabeth Bloomquist
- 12:30 Courageous Words Intergenerational Writing Workshop - Victoria Rose Tripp
- 1:30 Meditation for Inner Peace - Jerome Smith
- 2:30 Breathdance -Wellness Through Breathing- Breathe Green! Breathe Free! - Dorisse

SUNDAY EARTH

- 8 Five Elements of Tai Chi - Janice Marie Durand
- 9 Kamala Beissinger - Shambhava Flow Yoga
- 10 Centering Yoga w/ Back Strengtheners - Nina Be w/ Bart Westdorp
- 11 Thai Massage Partner Play - Evaa Whitley
- 12 All Levels Yoga - Mado Hesselink
- 1 Couples Connection Yoga & Chi Kung - Cat Matlock and Jeff Schmitt
- 2 Couples Massage Workshop - Christa and Jason Hebal
- 3 Acro-Fun-Flying-Yoga w/ Ben Frederick & Lisa Robertson

SPECIAL HEALING ARTS CLASSES :

SATURDAY LAKESIDE MAINSTAGE
8 Yoga Dance Party! - Ajeet Khalsa

SUNDAY LAKESIDE MAINSTAGE
8 Vinyasa Flow - Meghan Ganser

SUNDAY WATERFRONT
NOON Sangita Devi - Kirtan

SATURDAY BROOKSIDE DANCE HALL
9 Rhythmic Flow - Kristin & the Kunga Drummers

SUNDAY BROOKSIDE DANCE HALL
8 Nia Dance fusion- Fitness!
- Maureen Jablinski

EARTH SKILLS - SATURDAY

9:00 Learn to Play the Didgeridoo as a Meditative Path: Corey Costanzo
10:00 Medicinal Tea Party: Natalie Bogwalker - www.fireflygathering.org
11:30 Introduction to Spoon Carving: Luke Cannon
12:30 Creating Herbal Elixers & Medicinal Meads: Turtle Turtlington
2:00 Sprout-making (seeds, beans, etc.) \$5 fee - take-home container! - Mark Strazzer
3:00 Fire by Friction: Herbert Dancinghorse
4:00 Shamanic Journey: Dreaming Your Life Into Being: Miriam Lieberman
5:00 Green Building/Healthy Homes - Mark Marcopolus

PLANT WALKS: SATURDAY --- Meet just outside of EARTH-SKILLS area

10:30 Frank Cook Memorial Plant Walk - Marc Williams
1:00 Local Medicine Plant Walk - CoreyPine Shane
3:00 Local Plants from a Chinese Medicine Perspective- Josh Fox